

#### Editorial

# Why is Serious Gaming Important? Let's Have a Chat!

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## **Keywords**

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There are many reasons why serious gaming can be important. Here are a few.

Serious gaming can be used as a tool for education and training. For example, military organizations and businesses often use serious games to train employees and simulate real-world scenarios.

Gaming can also be used to promote physical and mental health. For example, some serious games have been designed to help people with disabilities or chronic conditions to improve their mobility, or cognitive skills.

Indeed, serious gaming can be used to encourage social interaction and teamwork. For example, online multiplayer games can bring people together from all around the world to work towards a common goal.

And the technology can be used as a form of entertainment and a way to relax and unwind. Many people enjoy the challenge and enjoyment of playing games, and serious gaming can provide an engaging and immersive experience.

Overall, serious gaming can have a range of benefits depending on how it is used and the goals of the person playing the game.

So, we welcome articles on its research in all areas. But why, given the proposed benefits mentioned (non-exclusively above), should we keep researching it?

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Easy. Research on serious gaming can help to understand the potential benefits and drawbacks of using games for education, training, health promotion, and other purposes. This can help to inform the development of new serious games and guide their use in different settings.

It can also help us to identify best practices for game design and implementation. This can improve the effectiveness and impact of serious games and help to maximize their benefits.

Further on, research on serious gaming can help to understand the psychological and social factors that influence how people engage with games and how they can be used to achieve specific goals. And do not forget: research on serious gaming can help to explore the ethical and social implications of using games for various purposes. For example, research can help to understand the potential impacts of serious gaming on issues such as privacy, addiction, and social inclusion.

Overall, research on serious gaming can contribute to a better understanding of the potential and limitations of this growing field, and how it can be used effectively and responsibly.

Precisely why this Journal on Serious gaming is important. Normally, we ask ourselves these questions. And we carefully search or references to quote from appropriately. Indeed, we ask our researchers to quote their sources appropriately, and check for plagiarism to maintain and protect a high standard of original research. By doing so, we aim to safeguards insights to benefit us all. Although we should never give up questioning ourselves, it is important to encourage and start questioning technology such as AI to help us solve our puzzles. But we have to set the boundaries how, and always convey -just as with 'normal' research where answers are from. So, thank you, chatGPT, but next time, include your sources!

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#### Note

 ChatGPT via https://chat.openai.com/chat. Asking Artificial Intelligence (AI) the questions 'Why is serious gaming important' and 'Why should we research serious gaming'.

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